



RECOVERY MIX



20G PROTEIN

REFUEL

PLANT BASED



CARBOHYDRATES

Replenish glycogen stores; provide energy for recovery and performance



COMPLETE PROTEIN

20g of perfectly complete fava bean and rice protein blend, with all 9 essential amino acids. (including BCAA's)



ELECTROLYTES

Replace minerals lost in sweat; support hydration and muscle function



THE RIGHT MIX OF CARBS, PROTEIN, ELECTROLYTES AND ACCOMPLISHMENT

Treat yourself to delicious bliss. Nothing turns you around faster or gets you ready for your next adventure sooner than Tailwind Recovery Mix.





RECOVERY MIX

NEW FORMULA!



20g COMPLETE PROTEIN

Recovery Mix is a complete protein with all nine essential amino acids (including BCAA's) to help your body rebuild and recharge after tough workouts

PLANT BASED PROTEIN

20g of complete protein per serving from brown rice and fava beans — perfectly balanced for muscle repair



REFUEL RIGHT

The right mix of carbs and electrolytes to help speed up recovery and helps you avoid next-day burnout

DON'T MISS GOLDEN HOUR

The first 30-60 minutes post-workout are key to replacing glycogen and lost electrolytes



NUTRITION FACTS AT A GLANCE

PER STICKPACK / 3 LEVEL SCOOPS

220
CALORIES

20g
PROTEIN

500mg
SODIUM

420mg
POTASSIUM

30mg
CALCIUM

HOW TO USE

POUR + SHAKE + RECOVER

Mix 1 packet (3 scoops) with 500 mL water. Shake don't stir.

Consume within 30 minutes post-exercise.

For long or intense sessions, repeat with a second serving within 60 minutes



20G PROTEIN

Organic rice and fava protein and supplement with the nine essential amino acids to make a perfectly complete protein



CARBOHYDRATES

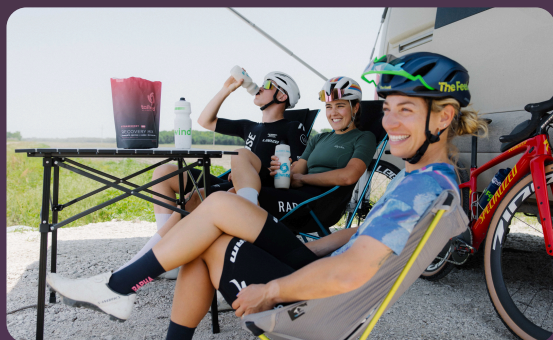
Contains the right kinds and amounts of carbohydrates to replenish glycogen stores. Immediately after exercise, the body can absorb more energy than at any other time



ELECTROLYTES

Contains sodium, potassium, calcium & magnesium to restore electrolyte balance and replace what you sweat out

FAVA BEAN- A SUSTAINABLE CHOICE!



Powered by Fava Bean Protein - Smooth, creamy, and hypoallergenic — fava bean protein blends effortlessly and provides all essential amino acids. It's also a sustainable choice, requiring minimal water and leaving a lower carbon footprint than most plant proteins. Plus, it's naturally rich in iron, potassium, and magnesium.