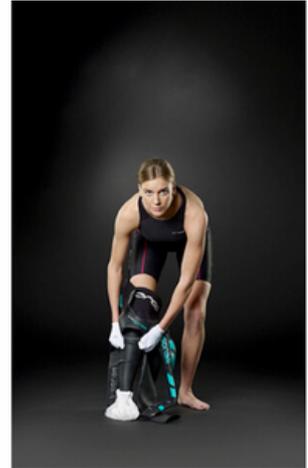
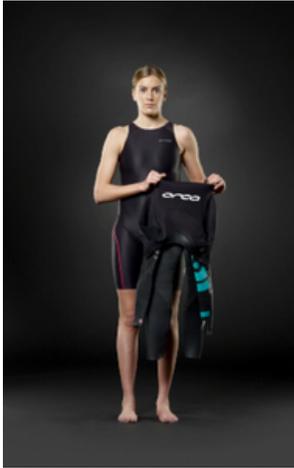


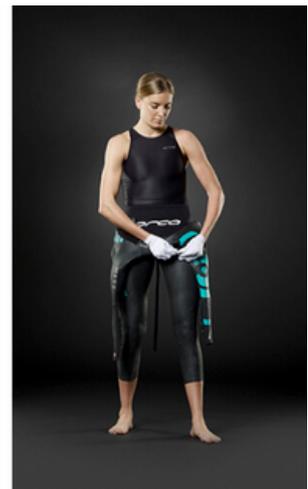
ORCA

FITTING GUIDE

There's an art to getting a triathlon wetsuit on correctly - the main thing is to take your time!



1. Unzip the wetsuit and fold it in half like a pair of trousers
2. Place a plastic bag/cotton booties over your foot
3. Push your leg through carefully
4. Gather wetsuit leg up and smooth wrinkles using fingertips [not fingernails]



5. Slide the suit up towards the crotch and hip
- 6-8. Place a plastic bag on the other foot and repeat the process, ensure the wetsuit is positioned high up in the crotch and on both hips

ORCA FITTING GUIDE



9. Place cotton gloves or a plastic bag on your hands
10. Slide hand through sleeve - sleeve cuff should sit above the wrist bone
11. Carefully gather the sleeve and position it on the shoulder and snugly into the armpit
12. Test fit and flexibility - repeat the process for the other arm



13. Ensure the inner back flap behind the zip is sitting flat with no ripples
14. You or a friend hold the base of the zip, pull the zip lanyard up and close the zip flap
15. Stretch and adjust panels and neck seal accordingly
16. Final check for fit and range of motion