



Peri-Peri

Keto Meals v8.0

400 kcal & 600 kcal

400 kcal SKU: 9421907102597

600 kcal SKU: 9421907102603

Version: 8.01.08.01

Product Details:

A traditional African Peri-Peri flavour that's a little bit sweet, sour and slightly salty all at once. It comes from a combination of Apple, Lemon, Tomato, Smoked Paprika and Chilli.

Indian Curry

Keto Meals v8.0

400 kcal & 600 kcal

400 kcal SKU: 9421907102870

600 kcal SKU: 9421907102894

Version: 8.01.08.01

Product Details:

A vibrant curry packed with vegetables, creamy coconut and herbs and spices that highlight the flavours of traditional Indian Cuisine.

Mexican Chilli

Keto Meals v8.0

400 kcal & 600 kcal

400 kcal SKU: 9421907102887

600 kcal SKU: 9421907102900

Version: 8.01.08.01

Product Details:

A spicy blend of paprika and chilli with refreshing notes of tomato, coriander and lemon. Packed with Sunflower seed, Flaxseed and Pumpkin seed for energy.

Version 8 Keto Meals provide a good source of protein, vitamins, and minerals whilst emphasising high-quality fats and limiting carbohydrates. Keto meals are perfect for those looking to support their health and performance whilst adhering to a low carb diet. With 400 and 600 calorie options, the Keto meal range can easily cater for individual needs and energy demands. Flavoured with all-natural herbs and spices, with no artificial ingredients. Ready in under 5 minutes, just add hot water, stir, and enjoy!

Basil Pesto

Keto Meals v8.0

400 kcal & 600 kcal

400 kcal SKU: 9421907102610

600 kcal SKU: 9421907102627

Version: 8.01.08.01

Product Details:

A vibrant green and refreshing basil and pesto flavour with a herbaceous garden aroma, all made richer with extra virgin olive oil.

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All Natural | Plant-based | Vegetarian | Gluten Free | Soy Free | Non-GMO

What's inside a Keto meal:

Delicious Natural Ingredients:

Made with whole-food ingredients including real herbs and spices.

Up to 25g of Protein:

Including 10.3g of essential amino acids and 4.5g of BCAAs.

Slow Release Carbs:

Sustain energy with fatty acids, our Keto meals feature a Glycaemic Load of 0.1.

40+ Vitamins and Minerals:

Optimise your metabolic functions to improve health and performance.

High in Prebiotic Fibre:

16g of Fibre from 30+ natural plant ingredients.

Omega 3,6 & 9 from Plants

Sourced from ingredients including seeds and high-polyphenol extra virgin olive oil.

Everything your body needs to thrive:

Designed using Radix Nutrition Architecture™. Representing their comprehensive nutritional design. Focused on achieving 100% of the optimal daily intake of essential vitamins and minerals in a 2000kcal diet. Factoring in 80+ nutrients and whole-food ingredients.

Radix Nutrition goes above and beyond with their examination of the body's metabolic needs and sets the standard for their fulfilment. With thousands of chemical reactions happening at any one time, your body is no simple machine. It demands a vast number of nutrients to function at its best. Radix Nutrition make getting these nutrients Simple.

Frequently asked questions:

Which Radix meal range is right for me? Original™, Ultra™ or Keto™

The Original range is designed to provide a balanced nutritional profile, supplying the protein, carbohydrates, fatty acids, vitamins, and minerals your body needs to sustain an active lifestyle. It is suitable for most people, from dedicated athletes seeking performance to those who want to support their everyday health. With 400 and 600 calorie options, the original meal range can easily cater for individual needs and energy demands.

The Keto range provides a good source of protein, vitamins, and minerals whilst emphasising high-quality fats and limiting carbohydrates. This range is perfect for those looking to support their health and performance whilst adhering to a low carb diet. With 400 and 600 calorie options, the Keto meal range can easily cater for individual needs and energy demands.

The Ultra range is designed for highly active individuals with increased energy demands. It provides a balanced profile of protein, carbohydrates, vitamins, and minerals, with higher fatty acid levels to increase the energy density of the meal. The Ultra range is suitable for those undertaking vigorous activities or challenging expeditions. Ultra meals come standard with 800 calories to accommodate greater energy needs.

What are the main ingredients of a Radix meal?

With an emphasis on nutrient density, our meals are comprised of all-natural plant ingredients. Fruit and vegetables provide our meals with a great source of prebiotic fibres, vitamins and

minerals. Our carbohydrates are derived from quality sources such as grains and seeds, with no added sugar. Fatty acids are sourced from high polyphenol extra virgin NZ olive oil and seeds such as sunflower, chia and flaxseed. We increase the protein content of our meals by adding Plant Protein DIAAS Complex 1.30, made from a blend of yellow pea protein and brown rice protein. Break options include a Whey Protein DIAAS Complex 1.61 alternative for even higher protein quality. Meals are flavoured with a range of natural herbs and spices, with no artificial flavours, colours or preservatives.

How do I prepare a Radix meal?

All you need to prepare a Radix meal is hot water. The amount required is shown on the back of a meal pack.

You can make a Radix meal simply by adding boiling water. Stir thoroughly to mix water into ingredients, seal bag and leave for five minutes. Tear second line to create a bowl. Enjoy!

Breakfasts can be prepared with either hot or cold water and only require 1 minute wait time.

Is your packaging recyclable?

Yes, Radix Nutrition's packaging is recyclable under soft plastics recycling schemes.

How are Radix Meals produced?

Starting with design, Radix Nutrition's in-house team of food technologists and nutritionists reference the latest in nutritional science alongside experiences gained in many disciplines of human performance. This close association guides their nutrition design work, helping them create products that move customers closer to the ideal of human nutrition.

Radix Nutrition's manufacturing facility is a HEPA filtered, humidity and temperature controlled clean-room. They utilise biometric access control and strict food safety and quality systems to ensure products meet an incredibly high standard. Where possible, they source snap-frozen ingredients to seal in the quality and freshness of the product. These are finely milled and then preserved using advanced freeze-drying technology, eliminating the need to use unhealthy additives.

What is the shelf life of a Radix meal?

Radix meals have a shelf life of 2 years. Thanks to our advanced freeze-drying technology, they achieve this with absolutely no preservatives.

Are Radix meals suitable for children?

Absolutely! Radix meals are made with all natural ingredients and are the perfect stress free meal option for children and busy parents.